



CELEBRATING AT HOME

16<sup>TH</sup> SUNDAY IN ORDINARY TIME

*Shepherding each other with God's love (Mk 6:30-34)*



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### Sign of the Cross

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

The Lord is here, present among us.

**We are gathered with the whole Church  
in this moment of prayer.**

### Preparing to hear the Word

Lord Jesus,  
**you are the compassion of God.**

Lord Jesus,  
**your word sustains life.**

Lord Jesus,  
**you are the good Shepherd.**

### Scripture Reading *(Mark 6:30-34)*

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while;' for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

### Reflection - *Shepherding each other with God's love*

In the first reading the prophet Jeremiah laments the poor leadership given by those to whom the flock of God has been entrusted. He tells of the days to come when God will raise up true shepherds look after the flock and pasture (feed) them. The reading also looks forward to a true shepherd-king from the House of

David who will act with wisdom, honesty and integrity to look after the people. He will 'save Judah' and will be called: The Lord, our integrity.

In the Gospel Mark shows Jesus to be a true shepherd whose heart is moved by the needs of both the people and his own disciples. The disciples have returned from their preaching and tell Jesus everything that happened to them. These exhausted shepherds are weary but the people keep coming to them, so much so that they had no time even to eat.

Jesus, moved by compassion for them, invites them to a place of quiet and rest, but the people guess where they are going and follow them. Instead of sending the people away, Jesus himself sets about teaching them while the disciples rest. He feeds the people with the Word of God. It is what genuine love does, isn't it? It helps us go the 'extra mile' even when we think we are at the end of our tether.

And that is how Jesus meet us, too, as a shepherd-king, with genuine concern for us - not as a warrior-king with threats and punishments.

In the Gospel next Sunday Jesus will feed the people with the loaves and fish. Like a true shepherd Jesus looks after all the needs and hungers of his flock - feeding hearts as well as bodies. It is a very grounded approach that Jesus offers which does not ignore either spiritual or physical hungers and needs. As followers of Christ, we, too, try to be people who meet the real hungers and needs of our brothers and sisters and all entrusted to our care.

### Prayers of Intercession

We pray for the whole Church,  
**together may we feed the hungers of bodies and spirits.**

We pray for all suffering in any way at this time.  
**Be their hope and healing.**

We pray for ourselves,  
**form us as shepherds after your own heart.**

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### Lord's Prayer

Formed by the teaching and example of Jesus,  
we pray:

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth  
as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.**

### Closing Prayer

Eternal God your love for us never fails.  
Continue to re-form and re-shape our hearts  
and make us into the image of Christ our Lord.  
**Amen.**

### Blessing

May the grace of our Lord, Jesus Christ,  
the love of God,  
**and the fellowship of the Holy Spirit,  
carry us gently through the week ahead.**  
**Amen.**



# Journey into the Light

This resource is presented by the Carmelites for use by individuals, families and small groups as a prayerful celebration of the Word of God to help prepare us to celebrate the Eucharist with our worshipping communities. We are conscious that Christ is present not only in the Blessed Sacrament but also in the Scriptures and in our hearts. We are also conscious of the many people who, for various reasons including sickness and infirmity, cannot physically attend the Eucharist. Even when we are on our own we remain part of the Body of Christ.

In the room you decide to use for this prayer you could have a lighted candle, a crucifix and the Bible. These symbols help keep us mindful of the sacredness of our time of prayer and can help us feel connected with our local worshipping communities.

This text is arranged with parts for a leader and for all to pray, but the leader's parts can be shared among those present.

As you use this prayer know that the Carmelites will be remembering in our prayer all the members of our family.



**The Carmelites**  
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